



ASHWAUBENON HIGH SCHOOL

www.ashwaubenon.k12.wi.us

DECEMBER 2023 NEWSLETTER

page 01

DO YOU KNOW 8TH GRADE FAMILIES INTERESTED IN AHS?



Informational course selection meetings for current 8th grade students/parents will take place on Monday, January 8th and Tuesday, January 9th in the evening. Details regarding these sessions are being sent home via postal mail to Parkview 8th grade families.

If you know of other families who may be considering Ashwaubenon High School in 2024-25 please encourage them to contact AHS.

Winter Break

December 25, 2023 - January 2, 2024

All high school offices will be **CLOSED** for the duration of Winter Break.



MISSION STATEMENT

The AHS Learning Community provides a safe and caring environment that inspires all students to achieve their full potential.

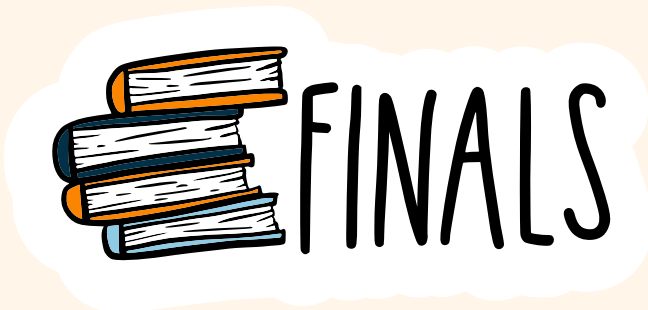




Final Exams/Assessments

Semester 1 final exams and assessments will be administered the week of January 18-19, 2024.

Details will be shared after the winter break.



IMPORTANT UPDATE:

The ACT test date has been changed to Tuesday, March 12, 2024



Important Dates:

The following dates have been scheduled as non-school days or other important dates for the high school. Please mark them on your calendar.



12/7/23	Parent/Teacher Conferences 4-8pm
12/8/23	2-Hour Early Release
12/11/23 - 12/15/23	Course Selections for the 2024-25 School year
12/25/23 - 1/2/24	Winter Break - No School - AHS Offices Closed
1/3/24	School Resumes
1/12/24	2-Hour Early Release
1/15/24	Martin Luther King Day - No School
1/18/24	Early Release @ 11:30am
1/19/24	Teacher Inservice - No School End of Semester 1
1/22/24	Teacher Inservice - No School
2/15/24	2-Hour Early Release
2/16/24	Teacher Inservice - No School
2/29/24	Parent/Teacher Conferences 4-8pm
3/1/24	2-Hour Early Release
3/8/24	No School
3/12/24	Gr. 9, 10 & 12 - Virtual School Day Gr. 11 ACT Testing - AM
3/25/24 - 3/29/24	No School - Spring Break AHS Offices Closed



AHS Choirs Present:

“Follow Me in Merry Measure“

A Madrigal Dinner

Thursday, December 7th
(Concert Choir & Treble Choir)

&

Friday, December 8th
(Concert Choir & Mixed Choir)

A madrigal dinner is a form of Renaissance costumed dinner theater held during the Christmas season. It includes a meal divided into courses interspersed by comedic skits and traditional songs.

Performances will be held at the Ashwaubenon Community Center (900 Anderson Dr.), with doors opening at 6:45pm, and the show starting at 7:30pm.

Tickets for lounge seats (\$5.00 - drinks & desserts only) are available for sale through 12/4 by 3:00pm, but will be available at the door night-of as well.



AHS Holiday Book Giveaway

Each AHS student can enter this giveaway once. For each school day (plus a few bonus days leading up to Christmas!) at least one book will be given to a student who fills out the Google form linked on the daily announcements.

A student winner will be chosen at random each day. Winners will be notified via email and given the opportunity to choose a book during AFP the next day. If you have any questions, please email Mrs. Hilgemann: lhilgemann@ashwaubenonk12.org.
Happy Reading!



Interested in winning a free book during our AHS Holiday book giveaway?





Fall 2023 All-Conference Student-Athletes

Cross Country

2nd Team- Ryan Jadin

3rd Team - Ashtyn Andersen, Benjamin Buchmann, Brady Wallace

Volleyball

Honorable Mention - Gianna Guarascio

Football

1st Team - Mitchell McKinnon OL, Gus Newel RB, Easton Hockers DE

2nd Team - Jacob McVane FB & LB, Lucas Popp DB, Ian Aoki ILB

Honorable Mention - AJ Uhl K & P, Brady Wilker OL

Boys Soccer

Honorable Mention - Carter Bona Midfielder, Gavinn Rein Goalkeeper

Girls Tennis

2nd Team - Jordan Domnick Flight 1 singles, Khali Wickert Flight 4 singles

Honorable Mention - Elly Kirst Flight 3 doubles, Kaitlyn Hankermeyer Flight 3 doubles, Sarah Beaudou Flight 3 singles

Girls Swim

Sienna Nitke- 1st team- 200 Free, 100 Free, 200 Free relay, & 400 Free relay, & Swimmer of the year!

Erin Schuch- 1st team 400 Free relay, 200 Free Relay, & 500 Free, 2nd team- 50 Free

Emma Kozloski- 1st team 400 Free Relay & 200 Free Relay

Charlotte McNicoll- 1st team 400 Free Relay & 200 Free Relay

State Appearances

Girls Tennis

Jordan Domnick - Singles

Cross Country

Ryan Jadin - 72nd place

Girls Swim

State Champions!

Sienna Nitke 100 Freestyle and 200 Freestyle

Erin Schuch 500 Freestyle

Sienna Nitke- 200 Freestyle relay (2nd place), 400 Freestyle relay(3rd place)

Erin Schuch- 200 Freestyle relay(2nd place), 400 Freestyle relay(3rd place), 200 Freestyle(4th place)

Emma Kozloski- 200 Freestyle relay (2nd place), 400 Freestyle relay(3rd place), 500 Freestyle(8th place)

Charlotte McNicoll- 200 Freestyle relay(2nd place), 400 Freestyle relay(3rd place)

Berritt Herr- 200 Freestyle relay(2nd place), 400 Freestyle relay(3rd place)

Nadia Perez- 200 Freestyle relay (2nd place), 400 Freestyle relay(3rd place)

Team placed 4th





ONLINE Code Agreement Required for All AHS Athletes

If you would like to play on a sports team at Ashwaubenon... **ALL 9th-12th grade Student-Athletes & Parents** are required to complete their ONLINE Code of Conduct Agreement and Sports Team Registration at the beginning of **EACH** school year.

Even if you don't plan to play a sport until Spring, please go ahead and complete this online requirement now!

This online process allows you to provide us with your:

- **Emergency Contact** info
- **Physical Exam** info
- **Concussion / Sportsmanship** info acknowledgement
- **Parental Consent**
- **Co-Curricular Code of Conduct Agreement**

To access the Online Code Agreement/Team Registration, please visit the **ATHLETICS** page on our AHS website: www.ashwaubenon.k12.wi.us

Here's what else you need to participate in an AHS sport:

- **Physical Exam** – Current WIAA Physical Exam form signed by a doctor must be on file in the AHS Office. NOTE: For the 2023-2024 school year, exams must have taken place **April 1, 2022 or later** to be considered current. Exam forms can be downloaded from the Athletics page on our website (most doctors offices also have them on hand). Signed/dated physical exams may also be scanned and submitted via the new online registration process, or emailed to akrueger@ashwaubenonK12.org
- **Co-Curricular Code of Conduct Meeting** – Several Code of Conduct Meetings are held throughout the school year for Freshman Athletes and New Student Athletes to attend with a parent/guardian. It's required for all Freshman Athletes and New-Student Athletes and a parent/guardian attend one of these meetings.

Next meeting is Wednesday February 28th, 2023 at 6:30 PM in the AHS Auditorium

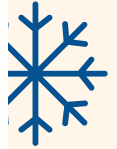
Happy Holidays!

All Jaguar events are cashless entry!



BUY TICKETS ONLINE

USE THE QR CODE BELOW, OR
VISIT GOFAN.CO & SEARCH
ASHWAUBENON HIGH SCHOOL



2024 YEARBOOK



The Ashwaubenon High School yearbook captures today's memories to enjoy for a lifetime.

Don't miss out — reserve your copy today!

WAYS TO ORDER:



ONLINE

JOSTENSYEARBOOKS.COM



SCAN



CALL

1.877.767.5217
8AM-5PM CST
MONDAY-FRIDAY

OTHER HELPFUL INFO:

Search Ashwaubenon High School. Cost is \$65 if you purchase now!
Any questions? Contact Ms. Krueger at akrueger@ashwaubenonk12.org

JOSTENSYEARBOOKS.COM

©2023 Jostens, Inc. 23_1125038723

Seniors upload your Senior photo to the yearbook today!

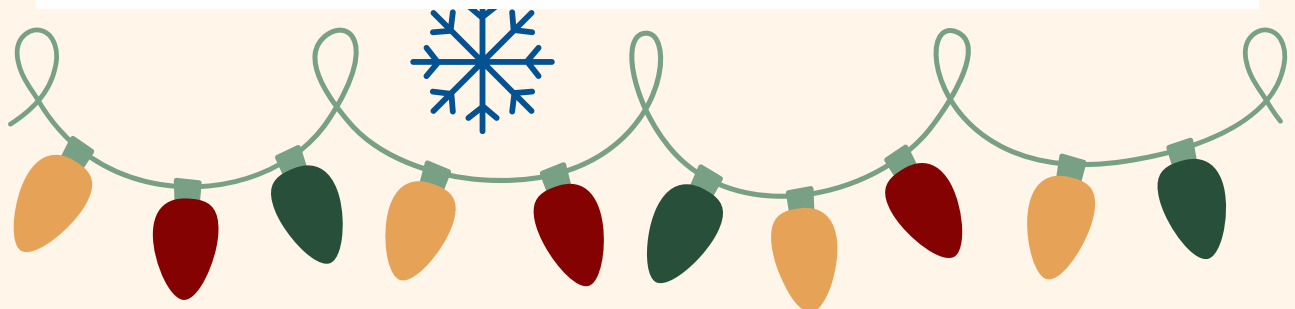
Senior photos must be submitted by March 1st, 2024

Scan the QR code or follow this link to submit -

<https://images.jostens.com/02Foa7pne6sf2IhrSAhiIwg>



if you are prompted for an ID please enter this Id: 02Foa7pne6sf2IhrSAhiIwg



WELLNESS TODAY

for parents



HOW TO FEEL GRATITUDE EVEN DURING CHALLENGES

Consciously and consistently practicing gratitude can reduce stress and anxiety, increase happiness, and decrease depression. Despite the goodness that comes from gratitude, practicing gratitude can seem nearly impossible during hard times. Here are some tips for helping your children practice gratitude, even during challenges.

- **Talk about challenges.** Pick a time of day when you can sit down with your children and encourage them to share their "highs" and "lows" of the day or week. Talk about yours as well. This shows your children that life has ups and downs, and that while your family acknowledges the "lows," you can choose to give more focus toward the "highs" by practicing gratitude.
- **Notice what you do have.** Oftentimes it can be hard to show gratitude because certain aspects of life have been taken for granted. Invite your children to take a few minutes a day to notice what they do have, either by writing it down in a gratitude journal or saying it out loud to themselves. They can also spread gratitude by giving sincere appreciation to others who have done something for them.
- **Serve others.** Help your children get involved in service. Through service, they may see situations that are worse than theirs (which helps them feel grateful for what they do have) and they may also forget their own troubles for a time as they focus on others.
- **Treat gratitude as an action.** Don't wait for the feeling of gratitude to come to you; take action! Encourage your children to keep saying words of gratitude and recognizing things to be grateful for until it becomes second nature. The more they practice, the easier they may find it to practice gratitude, even during challenges.

HOW TO CREATE YOUR OWN SELF-CARE PLAN

Self-care is how we protect our overall wellbeing. Among other reasons, we need self-care so we are able to build resilience to stressors in life, reduce anxiety and depression, and avoid burnout. There are five different types of self-care:

- **Physical:** Sleep, nutrition, exercise, etc.
- **Social:** Quality time with friends and family
- **Mental:** Activities to keep the mind sharp
- **Spiritual:** Fulfilling spiritual practices
- **Emotional:** Healthy ways to process emotions

A self-care plan is an effective way to find out what you personally need to feel fulfilled in the above five areas. Go through the following tips with your children to create a self-care plan that is right for them.

- Plan what to do for self-care.
- Identify the people you trust that you can call whenever you need to talk.
- Identify family members, coaches, teachers, or mental health professionals that you can call when you feel overwhelmed, anxious, or sad.

For more in-depth details about how you can help your children create self-care plans (and how you can create one for you), visit [Verywell Mind](https://www.verywellmind.com).



Ashwaubenon Music Parents Association's

HOLIDAY COOKIE SALE

**Tuesday, December 5th
5:30 p.m. until all cookies are sold**

Ashwaubenon Performing Arts Center

*Open to the public
homemade cookies
\$12 per box (pre-boxed)*

**Proceeds benefit all music programs
in the Ashwaubenon School District**

Graduation Keepsakes & Announcements

ASHWAUBENON HIGH SCHOOL SENIORS

◆ APPAREL ◆ JEWELRY
◆ ANNOUNCEMENTS

For a complete list of keepsakes and pricing, refer to the order form included in your senior packet from school, or go to our website brickhouse.gradclass.com/



3 WAYS TO ORDER

In-Person at School

- DATE: December 1, 2023
- TIME: 11: 00 AM -1:30 PM
- Place: Fieldhouse Commons
- PAYMENT: In-full at time of order. Venmo @sean-brick, cash, money order, credit card, or personal check (payable to "Brickhouse School Services") are accepted.
- DELIVERY: Orders placed by 1/31/2024 can be shipped to school.

Orders placed after 1/31/2024 must be shipped to your home (shipping charges will apply).

Online

- Go to: brickhouse.gradclass.com/
- Full payment is required at time of order including shipping.
- Orders will be sent to the address that you supplied at time of order.
- Announcements and personalized items will ship in early spring; other items will ship based on availability at time of order.
- All orders will ship to your home.

By Mail

- Fill out order form that was shared by your school and mail to:
BRICKHOUSE SCHOOL SERVICES
1000 ROLLING GREEN DRIVE
GREEN BAY, WI 54313
- Include credit card information or a personal check payable to "Brickhouse School Services" for full amount.
- Orders placed by 1/31/2023 can be shipped to school.
- Orders placed after 1/31/2024 must be shipped to your home address (shipping charges will apply).



Typically, announcements are mailed to family and friends in April or May. Please order announcements no later than 1/24/24 to ensure timely delivery.

BRICKHOUSE SCHOOL SERVICES | GREEN BAY, WI
920-494-6111 brickhouse007@newrr.com





ASHWAUBENON

HIGH SCHOOL SENIORS

CAP & GOWN

All seniors to wear a cap & gown for their Graduation Ceremony

ORDER INFORMATION

Order forms provided in school on Order Day

IN-SCHOOL SPECIALS

DELUXE PACKAGE

\$115

PACKAGE INCLUDES:

- ◆ CAP/GOWN/TASSEL
- ◆ JOGGERS
- ◆ SENIOR HOODIE
- ◆ CHOICE OF JAGUAR TASSEL OR BLING TASSEL

MEMORY PACKAGE

\$80

PACKAGE INCLUDES:

- ◆ CAP/GOWN/TASSEL
- ◆ CHOICE OF JOGGERS OR SENIOR HOODIE
- ◆ CHOICE OF JAGUAR TASSEL OR BLING TASSEL

CAP, GOWN, & TASSEL PACKAGE

\$30

PACKAGE INCLUDES:

- ◆ CAP/GOWN/TASSEL

NOT INCLUDED:

- ◆ HOODIE, JOGGERS, JAGUAR TASSEL, OR BLING TASSEL
(can be purchased at an additional cost)



ORDERING DETAILS

TIME & PLACE :

Order Days: January 25 & 26, 2024

11:00 AM - 1:30 PM

Fieldhouse Commons

PAYMENT & DELIVERY:

Payment due in-full on Order Day

Venmo @sean-brick, cash, money orders, or personal checks made out to:

"Brickhouse School Services"

Cap/Gown packages will be delivered to school 3-5 weeks prior to Graduation Day

Late Orders: *Cash Only* for orders placed after Order Day

BRICKHOUSE SCHOOL SERVICES | GREEN BAY, WI

920-494-6111 brickhouse007@new.rt.com





Big Brothers Big Sisters.

OF NORTHEAST WISCONSIN



Big Brothers Big Sisters is looking for enthusiastic and dedicated high school students who want to make a big impact on a child's life!

- Play games, do crafts, and hang out- all while being a role model for a kid
- Meet one hour, once a week during the school year at the YMCA After School program at either Valley View Elementary or Pioneer Elementary (Meeting hours between 3:15-5:30 p.m.)
- Earn service hours and amp up your resume

Interested?

Contact Nancy Roth at
(920) 615-9310 or
nancyr@bbbsnew.org



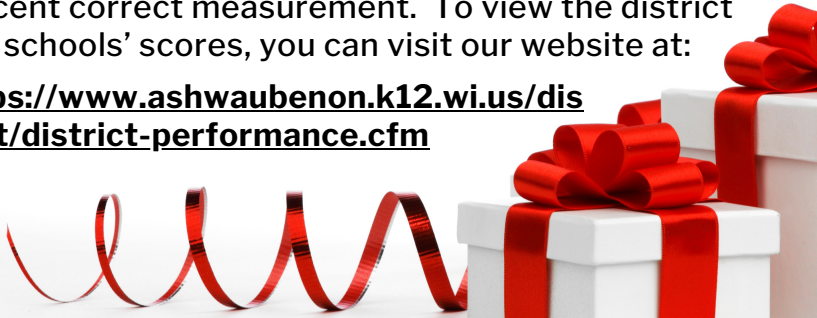
520 N Broadway St.
Suite 220
Green Bay, WI 54303

www.bbbsnew.org



As part of the state accountability system, the Department of Public Instruction (DPI) produces report cards for every publicly funded school and district in Wisconsin. Each public school and district earns a “score” from 0 to 100 that is called an accountability index score. It is important to know that the 0 to 100 accountability index score is not a percent correct measurement. To view the district and schools’ scores, you can visit our website at:
















<https://www.ashwaubenon.k12.wi.us/district/district-performance.cfm>



It is the belief of the Ashwaubenon School District that effective communication is one of the cornerstones of a quality learning community. Newsletters will be produced and distributed electronically regularly during the course of the year to keep families informed on a wide range of items. Items included in the newsletter will range from announcements, updates, revised calendar dates, notes from AHS departments, along with an occasional article or synopsis of some learning strategies. If there are things that you would like to see published, please let us know by calling (920) 492-2950. Thank you!



**Stay informed and in-the-loop.
VISIT, LIKE and FOLLOW us at . . .**

School & Website	Facebook	Twitter
Ashwaubenon School District www.ashwaubenon.k12.wi.us	 www.facebook.com/ashwaubenonschools	 Follow @AshwaubenonSD
Ashwaubenon High School www.ashwaubenon.k12.wi.us/highschool/	 www.facebook.com/hs.ashwaubenon	 Follow @AshwaubenonHS Follow @AshwaubenonJags
Parkview Middle School www.ashwaubenon.k12.wi.us/parkview/	 www.facebook.com/pv.ashwaubenon	 Follow @ParkviewASD
Pioneer Elementary School www.ashwaubenon.k12.wi.us/pioneer/	 www.facebook.com/pioneer.ashwaubenon	 Follow @PioneerASD
Valley View Elementary School www.ashwaubenon.k12.wi.us/valleyview/	 www.facebook.com/vv.ashwaubenon	 Follow @ValleyViewASD
Cormier Early Learning Center www.ashwaubenon.k12.wi.us/cormier/	 www.facebook.com/cm.ashwaubenon	 Follow @CormierASD
Ashwaubenon Summer School www.ashwaubenon.k12.wi.us/summer_school.cfm	 www.facebook.com/ss.ashwaubenon	 Follow @SummerSchoolASD
Ashwaubenon Family Resource Center & APPL www.ashwaubenon.k12.wi.us/family_resources_centers.cfm	 www.facebook.com/frc.ashwaubenon	

